



January-June 2018 Supper Menu



Meal Account Info:

(925) 473-2419

www.pittsburg.k12.ca.us

PLEASE SCAN
WITH SMART
PHONE TO VISIT
CHILD NUTRITION
WEBSITE



Week One Starts Jan. 8, 22 - Feb. 5, 19 - Mar. 5 - Apr. 2, 6, 30 - May 14, 28 - Jun. 11, 25

SCHOOL MEAL IS THE REAL DEAL - CHILD NUTRITION DEPARTMENT

WEEK ONE

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|--|---|--|---|--|
| Monday Whole Grain Pepperoni Pinwheel Romaine/Spinach Salad w/Italian Dressing Orange Wedges Milk 8 oz. | Tuesday Teriyaki Chicken Rice Bowl Steamed Green Beans Diced Pears in Juice Milk 8 oz. | Wednesday Cheeseburger Baked Fries Bananas Milk 8 oz. | Thursday Chicken Noodle Soup Cheese Toast Mandarins Milk 8 oz. | Friday BBQ Rib Sandwich on Whole Grain Hoagie Roll Baby Carrots Fresh Apples Milk 8 oz. |
|--|---|--|---|--|

*Contains Pork **Contains Peanuts (v) = Vegetarian

WEEK TWO

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|--|--|---|--|--|
| Stuffed Crust Cheese Pizza Romaine/Spinach Salad w/Ranch Dressing Diced Peaches in Juice Milk 8 oz. | Hotdog on Whole Grain Bun Ranch Style Beans Kiwi Quarter Milk 8 oz. | Chili Cheese Wrap w/Enchilada Sauce Romaine/Spinach Salad w/ Italian Dressing Lunch Bunch Grape Milk 8 oz. | BBQ Baked Chicken w/ Whole Grain Biscuits Creamy Coleslaw Fresh Apples Milk 8 oz. | Homemade Chicken Fajita & Cheese Quesadilla Steamed Corn Fresh Pears Milk 8 oz. |
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This menu meets the dietary requirements for calories, fat, saturated fat, iron, calcium, Vitamin A, Vitamin C, cholesterol, sodium and fiber for students in this age group. Menu subject to substitutions.

LOOK FOR THIS ICON ON YOUR DAILY MENU BOARD TO DISCOVER WHAT THE FEATURED CALIFORNIA FRESH ITEM IS! Child Nutrition office strives to source 75% of your food from California!

Payment for school meals may now be made online! With **MY SCHOOL BUCKS** parents can use a credit card or checking account to make a one-time payment or to set up automatic parents payments to manage their child/children's meal accounts. There is no fee for this service. **PLEASE SCAN WITH SMART PHONE TO VISIT MY SCHOOL BUCKS**



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